

## Memorandum

To: South Carolina Recovering Program Participants

From: Tia Cooper, Program Director

Date: August 31, 2022

Re: **New Check in Time, Reminder of Abstinence Policy/Medication Exception Request, After hours line, Services, Periodic Outreach**

Dear SCRPP participants:

**NEW CHECK IN TIME FOR RECOVERY TREK:** Effective Monday, September 5, 2022, RPP participants may check in for testing by telephone, IVR, mobile app, or web portal, to confirm whether they have been selected to test from 5 am- 4 pm. This expansion is an effort to allow for more time to check in. Please remember that lab hours may be limited; thus, should you check in at the cutoff time (4 pm) and be selected to test, you will still be required to submit to random testing that same day. If there is an issue, please contact our office at 877 349 2094 or 803 896 5711. Please remember that you must *speak* with someone if you have a test related issue or concern. Sending an email or leaving a voicemail is not sufficient to excuse you from testing. If you do not test on the day you are selected, it will be considered a missed test.

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**ABSTINENCE POLICY STATEMENT:** RPP is an abstinence-based program. The abstinence policy statement confirms your agreement to abide by the abstinence policy and provides a general outline of substances including mood-altering substances, alcohol, certain prescription medications, over-the-counter medications, synthetic substances, etc. that are prohibited. A Safe Medication Guide is available upon request and via the SC RPP website (<https://scrpp.files.wordpress.com/2020/09/safe-medguide.pdf>). The Guide provides general information concerning prescription and over-the-counter medications and products approved for use while monitoring with RPP. Questions about a specific medication or product should be directed to your assigned recovery specialist PRIOR to initiating the medication

A request for an exception to the abstinence policy (to take a prescription drug or medication or substance otherwise prohibited by the abstinence policy) may be submitted in certain circumstances subject to your Board's specific policy. For more information, please contact your recovery specialist.

SCRPP participants are required to adhere to an abstinence policy. At intake, you were made aware of the abstinence policy and upon enrollment, you signed the Abstinence Policy Statement. RPP recently updated the Abstinence Policy Statement due to new trends, such as CBD products, Delta 8, increased use of Benadryl, Nyquil, Alcohol, etc. A copy of the most recent Abstinence Policy statement is attached for your review and signature. Please return an executed copy to your assigned recovery specialist at your earliest convenience. Please contact your assigned recovery specialist if you have any questions.

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**AFTER HOURS LINE:** SCRPP office hours are 8 am-4:30 pm. Should you require assistance after 4:30 pm, please dial our afterhours line at 877 349 2094 or 803 896 5711. If you need to reach your recovery specialist during normal business hours, please contact them at their direct extension. If you are not able to reach your recovery specialist and you require immediate assistance, please dial our afterhours line, listed above.

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**Services:** SCRPP's normal business hours are from 8:00AM until 4:30 PM Monday through Friday. Prospective and current participants are seen by appointment only. If you are scheduled to meet with SCRPP and have a concern about meeting in person, or prefer to meet via videoconference or phone, please contact your assigned recovery specialist to determine whether your meeting may be conducted via Doxy-me, TEAMS, or telephone.

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**Periodic Outreach:** SCRPP recovery specialists will conduct calls with their assigned participants every April, August, and December. During this call, your assigned recovery specialist will check in with you. Please continue to update your assigned recovery specialist with any changes in between these meetings and/or to address any questions or concerns you may have.

Thank you for your continued compliance and we support you in all your professional endeavors.